



COURSE OUTLINE

NSW214

Prepared: Lisa Piotrowski Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

Course Code: Title	NSW214: INC INDIGENOUS HEALING METHOD INTO PRACT
Program Number: Name	1214: SSW NATIVE SPECIALIZ
Department:	SOCIAL SERV. WKR. - NATIVE
Semester/Term:	17F
Course Description:	Through an experiential learning approach, students will explore how to incorporate Indigenous healing methods in social service work practice. Throughout the semester, students will be exposed to different traditional healing methods within Indigenous cultures including the use of medicines, ceremonies, sharing circles, and traditional healers to achieve spiritual, mental, physical and emotional balance. This course involves hands on experience with medicines and instruction on how to use traditional teachings with clients.
Total Credits:	4
Hours/Week:	4
Total Hours:	60
Prerequisites:	NSW101
This course is a pre-requisite for:	NSW221
Essential Employability Skills (EES):	<p>#1. Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>#2. Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>#4. Apply a systematic approach to solve problems.</p> <p>#5. Use a variety of thinking skills to anticipate and solve problems.</p> <p>#6. Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>#7. Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>#8. Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>#9. Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>#10. Manage the use of time and other resources to complete projects.</p> <p>#11. Take responsibility for ones own actions, decisions, and consequences.</p>



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Course Evaluation:

Passing Grade: 50%, D

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
7 Grandfathers Journal	15%
Blending SSW with Traditional Perspectives	5%
Culture as Healing	15%
Facilitating of Smudging	5%
Feast/Ceremonies Reflection	15%
Holistic Assessment/Integrated Service Plan	25%
Plant Medicines	10%
Sharing Circles	10%

Course Outcomes and Learning Objectives:

Course Outcome 1.

Demonstrate an understanding of the correlation between Indigenous healing methods and social service work approaches to practice

Learning Objectives 1.

- Define mino-pimatisiwin and identify core concepts of `a good life` of living well
- Relate personal and cultural identity to Indigenous healing
- Integrate the 7 Grandfather Teachings into social service worker practice and Code of Ethics
- Understand the connection between the holistic approach using Indigenous models of well-being and social service work practice

Course Outcome 2.

Integrate knowledge of medicinal plants into holistic healing practices to achieve wellness and balance

Learning Objectives 2.

Explain the concept of medicine in traditional Indigenous cultures



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Understand the spiritual component of holistic wellness specifically as it relates to natural medicines
Understand and explain how to connect the use of traditional healing medicine as spiritual intervention to social social service work in journey to balance
Identify common medicinal plants in local natural environment
Apply knowledge of when an dhow to respectfully harvest medicines
Prepare and process the harvested medicines

Course Outcome 3.

Demonstrate a working knowledge of traditional Indigenous teachings and ceremonies as they relate to wellness and balance

Learning Objectives 3.

Identify Indigenous cultural protocols, values and ethics relating to traditional medicine, ceremonies and teachings
Incorporate 7 Grandfather Teachings into everyday learning and healing
Explain the purposes, healing properties, and procedures of a variety of ceremonies
Understand how Indigenous storytelling and ways of knowing contribute to mino-pimatisiwin
Provide insight to others on how identity (clan, name, colours) is a protective factor and contributes to positive Indigenous well being

Course Outcome 4.

Complete a holistic assessment for wellness and a service plan for social service work practice that integrates Indigenous healing methods

Learning Objectives 4.

Use the Medicine Wheel as a vehicle to complete a holistic assessment
identify family and individual history as factors impacting a client's current situation
Develop a holistic service plan to accommodate a client who is seeking to incorporate traditional healing methods in a way that matches their individual level of cultural identity
Identify resources (Elders, Healers, Knowledge Keepers, etc) in the community to include in a service plan



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Course Outcome 5.

Engage Aboriginal Elders, Knowledge Keepers and Traditional Healers as resources in social service work

Learning Objectives 5.

Participate in teachings from Elders, Knowledge Keepers and/or Traditional Healers
Understand that protocols for ceremonies and approaching Elders, Knowledge Keepers and Healers differ in the diverse regions across Canada
Identify and approach an Elder, Knowledge Keeper or Healer in the community to access their expertise

Course Outcome 6.

Facilitate a sharing circle and organize a feast

Learning Objectives 6.

Plan and prepare for a feast in a manner that honours the meaning of feast in the Indigenous community
Utilize an Elder and appropriate Knowledge Keepers to meet the needs of assisting with ceremonial aspects of the feast
Communicate the purpose and healing benefits of a sharing circle and feast
Take a lead role in facilitating a sharing circle

Date:

Wednesday, August 30, 2017

Please refer to the course outline addendum on the Learning Management System for further information.